



Registration Form / Health History Questionnaire

1404 Whalley Avenue, Suite #1, New Haven, CT, 06515
www.NewHavenCommunityAcupuncture.com | 203.850.2395

Name _____

Address _____
No. Street Apt. City State Zip



Home _____ Work _____ Cell _____

E-Mail _____

DOB ____/____/____ Female / Male / Transgender (FtM/MtF)
Preferred Pronoun M / F / Other _____

How did you learn about NHCA ? _____

First time getting acupuncture ? _____

Occupation _____ Company Name _____

Emergency Contact _____ Relationship _____

Home _____ Work _____ Cell _____

Signature _____ Date ____/____/____

What are your primary reasons for coming in for treatments?

- 1. _____
2. _____
3. _____

How is your sleep? _____

How is your digestion? _____

Medications/Supplements you take _____

Major Illnesses/Accidents/Surgeries _____

Do you have access to a primary care physician _____

Check those you have or have had this year:

- [] Difficulty coping with stress/emotions
[] Depression/Anxiety
[] Major life changes (move, job loss, relationship change)
[] Major change in overall health

Do you exercise regularly? _____

Do you want support in cutting back on any addictive habits? _____

Skin: **YES** **PAST** **When?**
 Acne, Boils _____
 Acute Hair Loss _____
 Itching/Rash _____
 Other _____ _____

Respiratory: **YES** **PAST** **When?**
 Chronic Asthma _____
 Chronic Cough _____
 Frequent Colds _____
 Pain in Breathing _____
 Shortness of breath _____
 Sinus Congestion _____
 Temporary Cough _____
 Nasal Drainage to Throat _____
 Other _____ _____

Head: **YES** **PAST** **When?**
 Headaches _____
 Migraines _____
 Head Injury _____
 Hay Fever _____

Ears:
 Earaches _____
 Ringing in Ears _____
 Impaired Hearing _____
 Dizziness/Vertigo _____

Nose:
 Nose Bleeds _____
 Loss of Smell _____

Throat:
 Goiter _____
 Hoarseness _____
 Swollen Glands _____
 Trouble Swallowing _____
 Neck Pain/Stiffness _____
 Frequent Sore Throat _____
 Other _____ _____

Digestive System: **YES** **PAST** **When?**
 Nausea/Vomiting _____
 Heartburn _____
 Gas or Bloating _____
 Internal Cramping _____
 Constipation _____
 Diarrhea _____
 Loose Stool _____
 Hemorrhoids _____
 Other _____ _____

Cardiovascular: **YES** **PAST** **When?**
 Heart Disease _____
 Chest Pain _____
 Palpitations _____
 High Blood Pressure _____
 Low Blood Pressure _____
 Blood Clots _____
 Ankle Swelling _____
 Fainting _____
 Other _____ _____

Urinary: **YES** **PAST** **When?**
 Frequent Infection _____
 Frequent Urination _____
 Inability to Hold Urine _____
 Burning/Pain _____
 Blood in Urine _____
 Kidney Stones _____
 Other _____ _____

Musculoskeletal: **YES** **PAST** **When?**
 Weakness _____
 Muscle Spasms _____
 Muscle Cramps _____
 Joint Pain, Swelling _____
 Stiffness _____
 Sciatica _____
 Fibromyalgia _____
 Broken Bones _____
 Any other Pain _____ _____
 Other _____ _____

Other: **YES** **PAST** **When?**
 Thyroid/endocrine _____
 Diabetes _____
 Autoimmune Disorder _____
 Testicular Masses _____
 Testicular Pain _____
 Prostrate Trouble _____
 Erection Difficulties _____
 Breast Lumps _____
 Nipple Discharge _____
 Fibroids/Ovarian Cysts _____
 Irregular Cycle _____
 PMS Symptoms _____
 Painful Menses _____
 Clotting w/Menses _____
 Bleeding between periods _____
 Fertility difficulties _____
 Other _____ _____
 Could you be pregnant? _____